



Food4Thought

People Helping People's Newsletter

Oct/Nov 2024

ON ANY GIVEN DAY AT PHP

- ◆ A 67 year old woman receives **\$24/mo** in food stamps -"How do I live on that?"
- ◆ "You can't believe the **devastation from the hurricane** until you see it in person"
- ◆ 50 year old woman battling breast cancer, **caring for her three grandkids** - "It's so hard."
- ◆ "My 5 year old son and I were **displaced from the storm** and are staying in hotels from FEMA but we still need food."
- ◆ "I **lost my job and health insurance**. Where can I go to see a doctor?"
- ◆ "My RV was totally demolished in the storm. How am I going to **afford \$3000 monthly rent** to

find something else?"



- ◆ "I am **so embarrassed** having to ask for help."
- ◆ "I am the caretaker for my best friend who was in the military. Two of my sons also serve. I never thought I would have to come for **help with food.**"
- ◆ Grandma is taking care of her autistic grandchild. She's hesitant to bother

FOOD ASSISTANCE IS SUICIDE PREVENTION

her daughter for monetary assistance to help **take care of the child** in fear that she'll take him away.

- ◆ "My girlfriend and I moved to Florida. We just broke up. I have **nowhere to stay**, no family or friends here."
- ◆ "I started hanging around with some people I shouldn't have. They robbed a convenience store. I was in the car. Spent **almost a year in jail**. My parents told me I couldn't stay with them. I need a job"

These are some of the stories shared by folks who come to our HELP Center at 1396 Kass Circle, often told through tears.

We help where we can. Providing food either as non-perishable pantry items or a hot meal is never an issue for PHP. And of course, we are always there to listen.

But, the environment of increased demand (as our community is experiencing lately especially the impact of

two major storms), slammed resources, complex social challenges, and changing demographics have had a negative impact leaving people wondering what help is even out there and where to go.

The good news is that there is an understanding among local resources. We know we can turn to partnerships with other community of care organizations, both for- and non-profit often referred to as social services, for assistance in helping beyond what PHP can offer. (cont. p5)

Weekend Blessings is supported by grants from the following:



PEOPLE HELPING PEOPLE

in Hernando County

www.phphernando.org
352-686-4466

Good food
brings people together and
nourishes the soul

Sunday Blessings
Meal Sponsors -
October, November, &
December
THANK YOU!!!!!

TIMBER PINES PIZZA

Glen Lakes Ladies Golf Association



Mr. Robert Church

Laksmi Ossaba-Quiroz

Please show your appreciation by supporting these fine establishments and organizations and give a shout out to individuals who donated with their talent!



PEOPLE
HELPING
PEOPLE
in Hernando County

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"Hunger is not a problem. It is an obscenity."

Thank you to those who contributed monetarily in Sept - Nov

Anonymous

Anthony & April Artemisio

Bryan & Barbara Blavatt

**Brooksville Kiwanis
Foundation, Inc.**

Kelly Brown

Catherine Buonemani

Charity Fund of Timber Pines

Murilene A Cronk

Donation Jar at HELP Center

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Syed Waqar Hasan, MD

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Fund, Inc.**

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**Timber Pines Pickleball
Club, Inc**

Tropic Shores Realty, LLC

Gerry Walsh

Crystal Wint

**Women of the Moose SH
Chapter 1765**

The Wylie Revocable Trust

**Ronald and Dorothy
Yarrington**

**In loving memory of Ann Madden*

***In memory of Theodore Rochow*

**THANKS FOR
DONATING!**
WE APPRECIATE YOUR GENEROSITY

"If you want to eliminate hunger, everybody has to be involved."

Thank you to those who contributed In Kind in Sept - Nov

Anonymous (we know who you are!)

Amanda

Angela

Auroveda Food Bank

Stephanie Barron

Donna Beckley

Jane Berger

Celine Berry

Billy

Carla

Carlise Bocci

Richard Bonner

Jean Bremer

Robert Brown

Jennifer Bruce

Leonard Brunkhart

Frank Brunot

Christ the Savior Orthodox Church

Christopher Burgess

Janice Bush

Carl

Jill Cerillo

Rick Challis

Cleo

James & Rose Combs

Connie

Robert Damara

Deluca Dentistry

Kathy Diedel

Tamara Evans

Becky Gerbert

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Elks Club #2582

Farm Share



Diane Farrell

Maria Figeroa

Fuller Family

Glen Lakes Bible Study

Go Church

Florida Quilters of Nature Coast

Gina Hampton

The Hardy Team

John Hartfiel

Hernando County Sheriff Office

Highpoint Community Center

Jim

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Harriet

*HCA Florida Oak Hill
Family Care*

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John Hartfield

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Panera

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Michelle Van Deusen

Angela Vanderputten

Judy Viroes

Gary & Debra Williams

You Thrive Florida

YMCA

Grace Zychal



ON ANY GIVEN DAY AT PHP

(CONT. FROM P1.)

Improved collaboration among the various social services organizations in Hernando County benefits its citizens struggling with everything from hunger to physical and mental illness, substance abuse, domestic violence and sexual assault to childcare.

Of course, these service providers often must comply with their own policies and program regulations. Together, we can only be successful and truly help those in need through a collaborative effort among organizations by working together across program and regulatory boundaries.

Let us help you, as we can. If we can't, we will work hard to find another path to take. At the very least, with PHP, you will not go hungry.



Mobile Food Distribution

For low-income
Hernando County families

The LAST Wednesday
of the month
1396 Kass Circle

352-686-4466 with any questions
or to volunteer

COMING SOON! STAY TUNED.....

HELP Center Calendar

Nature Coast Art League

Mondays, 9am

AA meetings

Monday, Tuesday, Wednesday,
Thursday & Friday 7 pm

Free Health Clinic

Tuesdays 10 am - 1 pm

Meals for those in need

Sunday 3:30 pm
Tuesday & Friday 11:30 am
**3rd Wednesday 5p - Bethlehem
Baptist Church Brooksville - New!**

Showers available

Tuesday & Friday 9 am - 1 pm

For the full calendar

<https://phphernando.org/calendar>



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