



# Food4Thought

People Helping People's Newsletter

Dec 23/Jan 24

## PHP LOOKING BACK AND LOOKING AHEAD

### LOOKING BACK

It's already a month into the new year 2024! People Helping People is moving forward to make 2024 an even better year of helping our community than 2023 was. That may be a tough one though. Here is a quick synopsis of what we were able to do for those in need in Hernando County because of YOU!

- ◆ Our Sunday Blessings program served over 3500 dinners to the homeless and low income individuals and families, including lunches twice a week
- ◆ Our Neighborhood Blessings program delivered nearly 2000 bags of food and hot meals to the homeless in the area
- ◆ Our Senior Blessings program provided close to 2000 bags of supplemental food pantry items to low income seniors
- ◆ Through our partnering with Feeding Tampa Bay for our Mobile Food Distribution on the last Wednesday of every month, we placed 6000 boxes of food (produce, meats, baked good, breads, snacks) in the trunks of cars of those in our community struggling to put food on their table
- ◆ Our Health Clinic provided healthcare to 175 uninsured people - people who would have either gone untreated, ended up in the emergency room, or worse.....
- ◆ We shared more than 10,000 pounds of food each month through our feeding programs
- ◆ We provided a comfortable place for AA to hold its meetings during the weeknights, bringing support to those in or seeking recovery
- ◆ GED classes were held here throughout the school year in partnership with the Hernando School District. Additionally, PHP offered scholarships to attend for qualifying individuals
- ◆ Nature Coast Art League met here weekly, a gathering place to meet the social and creative needs of seniors
- ◆ PHP handed out tents, tarps, blankets, and toiletries to those in need (even pet food donated by local veterinarians for hungry animals)
- ◆ We offered a place for the homeless to take showers twice a week
- ◆ We helped fill out forms for SNAP, IDs, unemployment, social security
- ◆ We provided a few hours of refuge and coffee to anyone
- ◆ We listened to so many sad and tragic stories, offering hope when we could or at least a shoulder to lean or cry on
- ◆ We learned the names of people who frequent our HELP Center and sometimes just wanted to be around others
- ◆ We were incremental in establishing the Hernando Homeless Initiative, hosting the first ever Day of Hope for the homeless at our Kass Circle HELP Center

**We did this all while being almost 100% volunteer-driven**



**PEOPLE  
HELPING  
PEOPLE**  
in Hernando County

See what we are Looking Ahead to doing in 2024 on p.7

**www.phphernando.org**  
**352-686-4466**

**Saturday, April 20**

**11 AM– 3 PM**



**PHP Help Center**

**1396 Kass Circle, Spring Hill, FL 34606**

*For the benefit of ...*

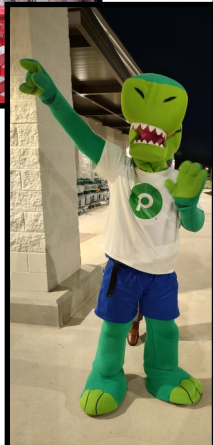
People Helping People in Hernando Co. (PHP)

PO Box 6182, Spring Hill, FL 34611

[www.phphernando.org](http://www.phphernando.org) • (352) 686-4466



## SMILING HAPPY PEOPLE (HELPING PEOPLE)



  
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Good food  
brings people together and  
nourishes the soul

Sunday Blessings  
Meal Sponsors -  
December and January  
**THANK YOU!!!!**



*Glen Lakes Wednesday and Saturday Golf League*



**THE RESIDENCE**  
AT TIMBER PINES

Senior Living



ITALIAN RESTAURANT



Are you a restaurant owner/manager,  
a homeowner's association, a religious  
institution, or a group of friends who  
would like to donate a meal for our  
Sunday Blessings program? Please call  
352-686-4466.



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**"Be happy...not because everything is good but because you can see the good in everything."**

Wow! See below how generous the Hernando community was! You all gave from your hearts such an abundance of non-perishable food items, toiletries, blankets, monetary donations and more, we had to go to two pages to acknowledge everyone. Please keep the generosity you showed in November and December going through out the new year. Thank you!!!!

**Thank you to those who contributed monetarily in November & December!**

**Anonymous (we know who you are!)**

**Anthony & April Artemisio**

**Beyond Healing**

**Linda Bixby**

**Kelly Brown**

**Catherine Buonemani**

**Paul & Linda Castello**

**Maureen Cavallaro**

**Cynthia Connors**

**Judy Cooney**

**Murilene Cronk**

**James and Nancy Denney**

**Donation Jar HELP Center**

**Chuck & Jan Enderle**

**William & Teresa Gilbert**

**Syad Waqar Hasan, MD**

**High Point Lions Club**

**Ellen Huff**

**J Fred Danker Family Foundation**

**Genise & Gary Johnson**

**James & Maryanne Johnson**

**Alison Kalvelage**

**Joan Kenyon**

**Robert & Irene Keim**

**Dr. Jerry Lebo, Sr.**

**Lee Brainard Charitable Fund\***

**Heather Ligman**

**Maribeth McMullen**

**TerryMcLeod**

**Steve Miklos**

**James & Sandra Morgan**

**Oak Hill Hospital Medical Staff  
Inc**

**Patrick Noble**

*\*in honor of Doug Brainard*

**Kathleen Olynik**

**Ron & Barbara Osipoff**

**Deborah Pellerin**

**Pine Grove Village**

**Martha Pittman**

**John Rinaldi**

**Victor & Barri Schledt**

**Philip & Sharon Schroeder**

**William & Ivette Shaheen**

**Edward & Maureen Stegle III**

**Lori Stevens**

**John & Margaret Sullivan**

**Richard Sweade**

**Tampa Consistory**

**The HCA Foundation**

**Timber Pines Golf Club**

**Richard Tracy**

**Kenneth Trufant**

**Neil Williams &  
Jane Mendelsohn\*\***

Monetary donations may be mailed to:

PO Box 6182,

Spring Hill FL 34611

or online at [www.phphernando.org](http://www.phphernando.org)



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**Weekend Blessings is supported by grants from the following:**



***"Be happy...not because everything is good but because you can see the good in everything."***

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***Thank you to those who contributed in-kind donations in November & December!***

Annette	Clark's Pools	Mel & Rhonda
Chuck Anderson	Diane Farrell	Linda Michaels
Anonymous (we know who you are)	FL Dept of Health	Donna Montgomery
Asian Market	Judy Foster	Nature Coast Art League
Ayers Wellness	Gifts From Home	Virginia Norton
Brit's Snack Shack	Gina	Patrick Noble
Bob & Linda Bailey	Greater Hope Church	Tayria Preston &
Robert Blake	David & Laura Hardin	Joella Cummings
Christian Fellowship of Brooksville	HCSO	Patrick
Christina Breeland	Hernando County Realtors	Johnnie & Jerylyn Prophet
Cookie Brigida	Myra Hidde	Publix
Sandra Bujno	High Point Community	Irwin Rappon
Frank Bruno	Jackie	Robert
Janet Bush	Jennifer	Annette Rodriguez
Karen Cobb & Frank Brunut	Janet Kasney	Ryan & Marcello
Laura Caruso	Karen & Warren	Cami & Paul Sepulveda
Chaney Churo	Kathy	Bryan Snyder
Christine	Kelly	SpringLife Church
Crossfit Gym	Lily Kircher	Springstead High School
Crosspoint Church	Ginny Klice	Veronica & Charles Stringer
Crystal	Laura	Terlep Chiropractic
Nancy Daherty	Maria	Jay & Colleen Tomatio
Dollar General	Merry Oakes	United Way of Hernando County
Ramona Dickson	Nativity Lutheran Church	Mary Jo Waggoner
Susan Dodge	Martha	Walgreens
Diane Duback	Michael Miller	Walmart
Hedy Emerson	Anthon Marchione	Martha & Kelly Walton
Brant Emerson	Jim & Sue Mason	Tom Wilson
Chuck & Jan Enderle	Robert Medima	David Winters



## PHP LOOKING BACK AND AHEAD (CONT.)

### LOOKING AHEAD

Not one to sit back on our laurels, PHP has been discussing its plans and initiatives for 2024 for awhile.

Our feeding programs will remain in place. We are always looking to be sure that we are reaching all those in need - seniors, children, low-income individuals and families, and the homeless. If you or someone you know may qualify for one of our programs, please reach out to us at 352-686-4466.

We are partnering with other agencies on a variety of events that engage and support the people of Hernando.

Expect to see us at more community events, getting the word out about PHP to those who need our services and to those who want to help.

We are in discussion and in some cases already in planning stages for bringing our services and programs to the Brooksville area as well as increasing our reach in the Spring Hill section of the county.

We have found new partners with similar missions of making Hernando County as great as we know it can be.

We are educating ourselves so as to stay informed on current issues of poverty and food insecurity and on the people who have great influence in this county.

Of equal importance to us as helping those in need, we are also going to continue to celebrate the people of Hernando who offer support in so many ways - through volunteering and donations.

We hope you'll continue along with us on this complex but rewarding journey.

Thank you for all you do!!!



### **HELP Center Calendar**

#### **Nature Coast Art League**

Mondays, 9am

#### **AA meetings**

Mondays 8 pm

Tuesday, Wednesday, Thursday 7pm

Fridays 7pm

#### **Free Health Clinic**

Tuesdays, 10 am - 1 pm

#### **GED classes**

Mondays, Wednesdays 1:30 - 4:30 pm

#### **Meals for those in need**

Sunday 3:30 pm

Tuesdays & Fridays, 11:30 am

#### **Showers available**

Tuesdays & Fridays, 10 am - 1 pm

Our Calendar is online - view it here:

<https://phphernando.org/calendar>

### PHP ON THE ROAD

Have you seen us around the county?

PHP is the proud owner of a beautiful van that is allowing us to help more people and in more areas of the county.

Graphics were designed by local artist Christopher Weinstein with the production work done by The Jester Graphics.

[The Jester Graphics](#), located in Dade City, is a family-owned business offering top-tier printing services, including full-color printing, decals, stickers, vehicle signage, custom apparel, banners, signs, laser engraving, and awards. PHP found The Jester Graphics very easy to work with and we couldn't be more pleased with the result from Mr. Weinstein and The Jester Graphics!

What do you think?



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