



Food4Thought

People Helping People's Monthly Newsletter

Sept. 2021

Seniors Helping Seniors

The **Senior Blessings** program has been through some changes over the years, but it's now coming back full force with the help of a great group of volunteers.

The volunteers, most from St. Joan of Arc Catholic Church, come once a month to fill bags of groceries for more than a hundred seniors living on a fixed income.

Lead volunteer Noemi Cruz said that she has no problem getting others to help and enjoys the work. She said that she loves volunteering at PHP.

Our program is available to those living in Brookridge, Vista Grand, Vista Park, Madison Reserve and Hammock Ridge. Seniors living in those communities

should contact their property manager and fill out a form to obtain a bag.

Funding for this program is provided by People Helping People with help from grants from the Trompeter Endowment Fund and Capital City Bank Group Foundation.

Unfortunately, we cannot deliver to everyone in the county; we focus on one community at a time. If you know of a community in Spring Hill that has seniors in need, please let us know.

People older than 60 living in Hernando County may qualify for a different program through **Feeding**



Volunteers bag groceries for Senior Blessings

Tampa Bay. Contact us with a name and phone and we'll forward it onto FTB. Someone from FTB will contact them to see if they qualify. Contact PHP at 352-686-4466.

If you receive government benefits of some kind, you may qualify for a free phone or \$20 tablet. Call the HELP Center for more information, 352-686-4466.

HELP Center Calendar

Lunch is available Tuesdays & Fridays at 11:30 am.

Showers can be taken on Tuesdays & Fridays from 10 am - 1 pm.

Hot meals are served Sundays at 3:30 pm.

Our **Free Clinic** is the second and fourth Tuesday of each month from 10 am - 1 pm. The podiatrist is here the fourth Tuesday.

GED classes are Tuesdays & Thursdays from 1-3 pm.

AA meets on Mondays & Thursdays at 8 pm.

SH Central Rotary meets every Wednesday at noon.

Want to know what's going on at People Helping People?

Our Calendar is online - view it here: <https://phphernando.org/calendar>



Our Next Mobile Food Distribution

Wednesday, Sept. 29

Begins at 10:30 am

Location: HELP Center

1396 Kass Circle, Spring Hill

(Please be aware that we never know what we'll get on the truck.)

To volunteer, call 352-686-4466



ALCOHOLICS
ANONYMOUS MEETINGS

Mondays & Thursdays at 8 pm
at our HELP Center
1396 Kass Circle, Spring Hill.

Rent Past Due?

Do you have a past-due rent or utility notice, eviction notice, or are at risk of not paying your rent next month?

Florida's federally-funded emergency rental assistance relief program is available to support residents and businesses as they continue to recover and rebuild.

Go to OurFlorida.com or call 833-493-0594 for more information.



Find us on
Facebook



**PEOPLE
HELPING
PEOPLE**

in Hernando County

#FeedingHernandoCounty

TOGETHER, WE MAKE A DIFFERENCE!

Cash donations enable us to buy those food items that we do not get in donations. Thank you to those who contributed financially during the month of Aug.

Amazon Smile Foundation
 Alan & Beverly Berger
 Linda M Bixby
 Kelly Brown
 Catherine Buonemani
 Murilene A Cronk
 Crystal Motor Car Employees
 Bernard A Dignard and Anita Louis Hall
 First Auroveda Foundation, Inc
 Fostering Hope Kidz Closet
 Richard & Ellen Frank *
 FrontStream/TRUIST
 Syed Waqar Hasan
 Alison F Kalvelage
 Robert W Kwarren & family
 Serafina E Mogavero
 Network For Good
 James & Debra Peary
 Joseph Pienkos
 Carla Rossiter-Smith
 Richard Sweade
 Winn-Dixie Community Bag Program

**In memory of E. Kenneth Gavin*

Got Milk?

Donations from **Dollar General** are received (most of the time) on Monday mornings. We usually get milk, yogurt, hot dogs, lunchmeat, etc. but we don't know exactly what we'll get. The items vary. If you follow our Facebook page, you'll know what we have and when it's available. If that's not possible, give us a call before you come by. It's given out on a first come-first served basis.



If you have news or a photo of interest to share, please send it to Becky at admin@pphhernando.org.

THANK YOU!

August Sunday Blessings meal sponsors



The Rotary Club of Spring Hill



Brooksville Elks Lodge #2582



You can find more information & photos on our Facebook page. If you're posting on social media about PHP, feel free to use the hashtag

[#FeedingHernandoCounty](https://www.facebook.com/FeedingHernandoCounty)

Weekend Blessings is supported by grants from the following:



Thank you to all who provided in-kind donations during August:

Steve & Jennifer Boyer
 Brookridge
 Central High School
 Discovery Point
 Dollar General
 Eagles VFW
 Holy Trinity Orthodox Church
 Robert Kwarren & family
 Jim & Sue Mason
 Panera Bread
 Publix
 Salvation Army
 Spring Hill Animal Hospital
 Trinity Lutheran Church
 United way
 YMCA

Need a HS diploma?

If you never received a high school diploma and think that is something you'd like to accomplish for your job or even personal accomplishment, the Adult & Technical Education division of the Hernando School District is offering help with the **General Educational Development Test (GED)**.

The GED is a series of tests that will indicate whether or not a person has a high school level of education.

Instructors are at the HELP Center to answer questions and help people with tutoring to obtain their GED on **Tuesdays and Thursdays from 1-3pm**.

If you are interested in learning more about taking the GED test, please come by the HELP Center, 1396 Kass Circle, Spring Hill.



**PEOPLE
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 PEOPLE**

in Hernando County

1396 Kass Circle, Spring Hill, FL
 352-686-4466
www.pphhernando.org



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HOEDOWN for the HUNGRY

SATURDAY, OCTOBER 23, 2021

FUNDRAISER

Help us feed the hungry

The event will consist of a five-star meal (to go) and thousands of dollars in opportunity basket drawings.

\$10 a ticket



We will publish an advertising book to give out to local businesses and their customers to

Tickets: \$50 per person | \$75 per couple

Sponsorships: \$1,000 | \$2,500 | \$5,000

Advertising rates: \$50 to \$300

Visit www.phphernando.org/hoedown for tickets and more information.

