



Food4Thought

People Helping People's Monthly Newsletter

Oct. 2021

Our Outreach Grows

The past few months, we've seen an increase in the number of families coming to our HELP Center for food.

Maybe it's the fresh produce we get from Feeding Tampa Bay for our monthly mobile distribution, or perhaps it's the dairy and meat dona-

tions from Dollar General.

Whatever the reason people come to us for help, our joyful and friendly volunteers are always willing to pitch in to provide a service to those in need in our community.

On Mondays, we get items from one DG store that they need to clear out to make room in the fresh dairy and meat case. If it hasn't expired, we can give this out to anyone in need. Unfortunately, we don't know ahead of time what we'll get or the quantity, but we know that people who receive it are appreciative.

The last Wednesday of the month, FTB brings us a truck load of produce (sometimes more) for those patiently waiting in the car line.

If you are in need of food, follow our Facebook page where we post donations and pick ups or give us a call on Monday to see what's available.

We're not a pantry, as we don't give out boxes of food regularly but if you need pantry items please take a look at the list of Hernando County pantries which can be found on our website: www.phphernando.org/resources.



Mondays & Thursdays at 8 pm
at our HELP Center
1396 Kass Circle, Spring Hill.



*There is still time to
purchase tickets for our
Hoedown for the Hungry!*

When you purchase a ticket, we'll provide you with a gourmet meal, prepared by Betty Marie's Catering, to take home. Tickets are \$50 per person or \$75 per couple.

You can pick up your meals on October 23 from 5-7pm. If you didn't purchase basket tickets in advance, you'll be able to purchase tickets when you pick up your meals!

We'll call you to get your order after you purchase a meal ticket.

Our Hoedown proceeds help us feed more people throughout Hernando County.

For tickets and more information

www.phphernando.org/hoedown

Dinner options are:

- Beef Tenderloin with Horseradish
 - Bacon-Wrapped Jumbo Shrimp stuffed with Deviled Crab
 - Chicken Cordon Bleu wrapped in Bacon
 - Vegetarian Eggplant Parmesan
- Each entree includes: Herbed Wild Rice, Roasted Asparagus, Caesar Salad, and Double Chocolate Brownies.*



**PEOPLE
HELPING
PEOPLE**

in Hernando County

#FeedingHernandoCounty



Volunteers sort produce for distribution

HELP Center Calendar

Mondays & Thursdays at 8 pm

AA meetings

Tuesdays & Fridays

11:30 am - 12:30 pm - **Lunch**

Tuesdays & Fridays

10 am - 1 pm - **Showers**

Second and Fourth Tuesday

from 10 am - 1 pm - **Free Clinic**

The podiatrist is here the 4th Tuesday.

Tuesdays & Thursdays

from 1-3 pm - **GED classes**

Wednesdays at noon

SH Central Rotary meeting

Sundays at 3:30 pm

a **Hot meal to-go**

Want to know what's going on at People Helping People?

Our Calendar is online - view it here:

<https://phphernando.org/calendar>

TOGETHER, WE MAKE A DIFFERENCE!

Cash donations enable us to buy those food items that we do not get in donations. Thank you to those who contributed financially during the month of Sept.

Access Health Care
 Anthony & April Artemisio
 Kelly Brown
 Catherine Buonemani
 Joseph M & Judith M Castagnet *
 Mary M Crouse
 Crystal Motor Car Employees
 Bernard Dignard & Anita Louise Hall
 Richard H & Ellen K Frank *
 FrontStream/TRUiST
 Syed Waqar Hasan
 Judith A Hughes
 Alison F Kalvelage
 Robert W Kwarren
 PayPal Giving Fund
 James & Debra Peary
 Aerna Pedersen-Runyan
 Carla Rossiter-Smith
 Aubrey M Tolson Jr Trust
 James H Tremmel

** In Memory of Paul & Charlotte Register*



Our Next Mobile Food Distribution

Wednesday, Oct. 27

Begins at 10:30 am

Location: HELP Center
 1396 Kass Circle, Spring Hill
 (Please be aware that we never know what we'll get on the truck.)
 To volunteer, call 352-686-4466

Looking for a good way to promote your business? We need bags for our Mobile and Senior programs. Please contact Becky for more information.

If you have news or a photo of interest to share, please send it to Becky at admin@phphernando.org.

THANK YOU!

September Sunday Blessings meal sponsors

Betty Marie's Catering



The Rotary Club of Spring Hill

Free Clinic

Uninsured people can be evaluated by a Nurse Practitioner for general medical problems

→ First Tuesday of the month

VineLife Christian Church Comm. Cntr
 375 Broad Street, Brooksville

→ Second & Fourth Tuesdays

People Helping People
 1396 Kass Circle, Spring Hill

→ Third Tuesday of the month

Holy Trinity Lutheran Church
 1214 Broad St., Masaryktown

Weekend Blessings is supported by grants from the following:



You can find more information & photos on our Facebook page.
[#FeedingHernandoCounty](https://www.facebook.com/FeedingHernandoCounty)

Thank you to all who provided in-kind donations during September:

Access Health Care
 Ralph Avellanet
 Martha Bettencourt
 Dollar General
 Carlos Duclos
 Mid Florida Homeless Coalition
 The Wellington
 Glen Valcarcel

Need a HS diploma?

If you never received a high school diploma and think that is something you'd like to accomplish for your job or even personal accomplishment, the Adult & Technical Education division of the Hernando School District is offering help with the **General Educational Development Test (GED)**.

The GED is a series of tests that will indicate whether or not a person has a high school level of education.

Instructors are at the HELP Center to answer questions and help people with tutoring to obtain their GED on **Tuesdays and Thursdays from 1-3pm**.

If you are interested in learning more about taking the GED test, please come by the HELP Center on Tuesday or Thursday afternoon.

OUR NEEDS

We currently are in need of 16-ounce peanut butter, juice boxes and insect repellent. If you are able to donate, please bring it by the HELP Center, M-F from 9am-2pm or call us for larger donation pick up. **352-686-4466**

Thank you!



PEOPLE
 HELPING
 PEOPLE

in Hernando County

1396 Kass Circle, Spring Hill, FL
 352-686-4466
www.phphernando.org