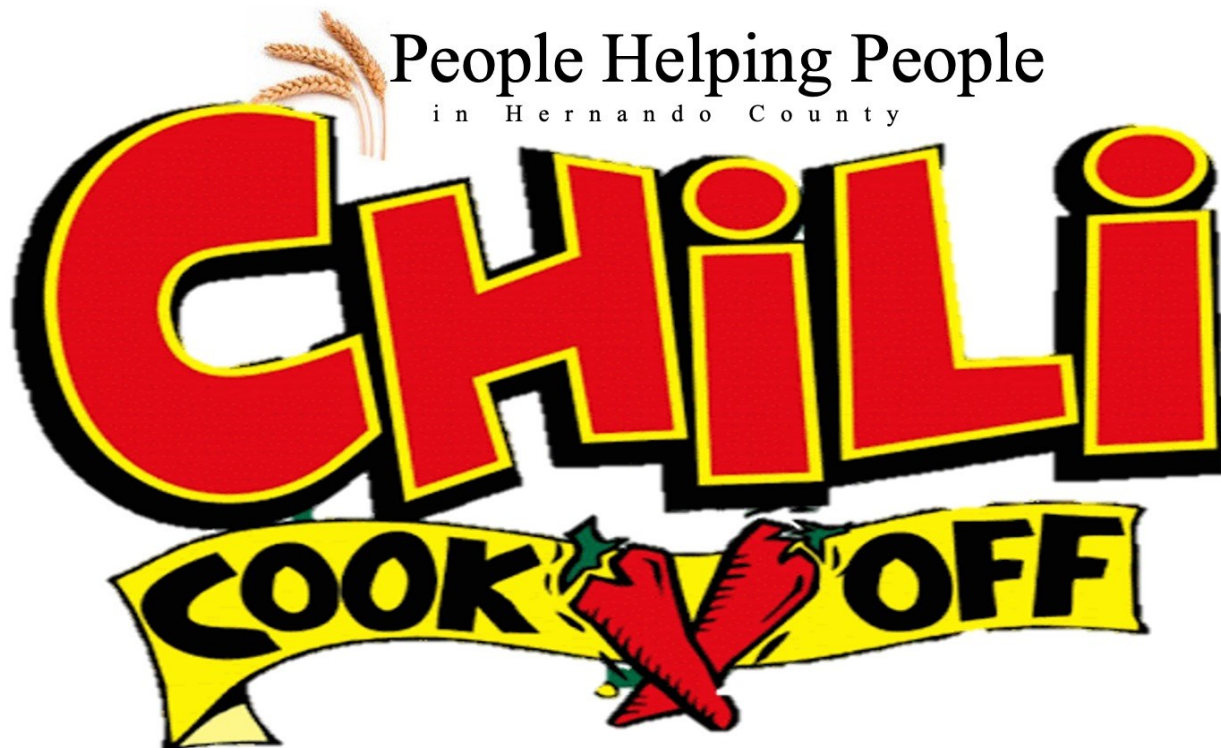




Food4Thought

People Helping People's Monthly Newsletter

January 2023



Saturday, February 18 • 11AM - 3 PM

1396 Kass Circle, Spring Hill, FL
352-686-4466 • www.phphernando.org

WHO WILL BE CROWNED PHP'S 2023 CHILI COOK OFF CHAMPION?

Will it be you? Our winner from last year is returning to retain her title. Will you be the one to de-throne her? Game on! You can still sign up to participate if you call now - 352-686-4466.

Not a cook, but you love chili? Come enjoy the family fun day at 1395 Kass Circle where you can not only sample a variety of the county's best chili, enjoy a hot dog, spin the wheel for prizes, take home something from our bake sale, and dance to the sounds of DJ Willie Matos!

See you there! Saturday, Feb. 18th 11am - 3pm.

Weekend Blessings is supported by grants from the following:



**PEOPLE
HELPING
PEOPLE**
in Hernando County

www.phphernando.org
352-686-4466

"Generosity: The habit of giving freely without expecting anything in return."

Thank you to those who contributed monetarily during December!

Mary Adams*
Alcoholics Anonymous
Anthony & April Artemisio
Linda Bixby
Bryan & Barbara Blavatt
Brooksville Benevolent Protective
Order of the Elks Lodge 2582
Kelly Brown
Catherine Buonemani
Kenneth & Suzanne Bushart
Jack Cachkes
Paul & Linda Castello**
Judy Cooney
Murilene Cronk
Dawn Davis
Donation Jar HELP Center
Barry & Judith Elkin
FrontStream/SPV LLC
Garbby Inc. DbA The UPS Store
James, Velma & Christopher George
Dr. Syed Waqar Hasan
Thomas & Barbara Herbert
Hernando Co. Assoc of Realtors, Inc.
High Point Lions Club
J. Fred Danker Family Foundation
Elena Jimenez
James & Maryanne Johnson
Alison Kalvelage
William & Sarah Krug
Mark Levy
Donna Mazut
Charles & Alice Miller
Kathleen Olynik
Pathways Counseling Center
James & Debra Peary
Steve & Marilyn Smith
Edward & Maureen Stegle
Lori Stevens
William L& Andre Sudler
Richard Sweade
Ruth Tolson
Kenneth Trufant
Nicole Waters
Neil Williams & Jane Mendelsohn

*in memory of Alan Sitroon

** in memory of Nancy and David Watts

Sunday Blessings

Meal Sponsors -

THANK YOU!!!!



Pam and Bob Yonkers



If you are a restaurant owner or manager and would like to donate a meal for our Sunday Blessings program, please call 352-686-4466

***Donations to People Helping People can be mailed to
PO Box 6182, Spring Hill FL 34611
or donate online at
www.phphernando.org***

Thank you to all who provided in-kind donations during December!

Alcoholics Anonymous
Anonymous (we know who you are!)
Arlette
Lee Black
Bob Blake
Boley Centers
Kathy Bono
Dept of Rev (Child Support - Brksvllle)
Dr. Dulura
Frank
Gift From Home
Glen Lakes
Hernando Co Library
Hernando Co Scanner Enthusiasts
Hernando Co School District
Highpoint
Jennifer and Maggie
Rhonda & Daniel Lemons
Linda
Living Action
Sandra Marrero
Patty
Paula
Rose
Sally & Gene
Miriam Silver
Sir Walter Bruce
Veronica Stringer
Sutton
Tara
TCMS
USMC Command Station
West Hernando Elementary



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352-686-4466***

Uninsured, but need medical help?

*Uninsured people can be evaluated
by a Nurse Practitioner
for general medical problems or
referred on for further testing or
treatment.*

TUESDAYS

10am-1pm

People Helping People
1396 Kass Circle, Spring Hill

*Bring a photo ID and a list of your
current medications
with you to your appointment.*

Foot problems? Podiatrist Dr. Earlie
Hairston is here the last Tuesday of
each month.

*We can also refer you for a free eye
exam and glasses.*

**If you have questions,
please call 352-686-4466.**



*Wonder if you qualify for a free
phone?*

Stop by our HELP Center on Tues-
days between 10 - 1 to meet with
representatives who will be able to
determine your eligibility.

HELP Center Calendar

Nature Coast Art League

Mondays, 9am

AA meetings

Mondays & Thursdays 8 pm
Tuesday & Wednesday 7pm

Free Health Clinic

Tuesdays, 10 am - 1 pm

GED classes

Tuesdays & Thursdays 1:30 - 4:30 pm

Lunch for those in need

Tuesdays & Fridays, 11:30 am

Hot meal for those in need

Sundays, 3:30 pm

Showers available

Tuesdays & Fridays, 10 am - 1 pm

Want to know what's going on at
People Helping People?

Our Calendar is online - view it here:

<https://phphernando.org/calendar>



Our Next Mobile Food Distribution

For low-income
Hernando County
families

Wednesday, February 22
Always the LAST Wednesday
of the month

Begins at 10:30 am

Location: HELP Center
1396 Kass Circle, Spring Hill

*(Please be aware that we never
know what we'll get on the truck.)*

Other Support Services

PHP is committed to breaking the
cycle of poverty by helping the
disadvantaged gain access to
appropriate social service
organizations, employments
programs, and affordable quality
healthcare.

Come see us if you need
information or assistance with such
things as SNAP enrollment. Social
security enrollment, job applica-
tions, unemployment assistance,
and health insurance questions.



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Need a HS diploma?

If you never received your high
school diploma and think that is
something you'd like to accomplish,
the Adult & Technical Education divi-
sion of the Hernando School Dis-
trict is offering help with the **General
Educational Development Test
(GED)**.

Instructors are at the **HELP Center** to
answer questions and help people
with tutoring to obtain their GED on
**Tuesdays and Thursdays from 1:30 -
4:30pm.**

If you are interested in learning
more about taking the GED test,
please come by the HELP Center,
1396 Kass Circle, Spring Hill, on
Tuesday or Thursday afternoon or
call the school district at
(352) 797-7018.